

# Images of Hope El Dorado Classes - June 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat				
						Luau in the Orchard June 1				
2	3	<i>Intermediate Pilates</i> 10:00 am – 11:00 am  <i>FUNdamental Pilates</i> 12:00 pm – 1:00 pm	4	5	<i>Intermediate Pilates</i> 10:00 am – 11:00 am  <i>Mindful Movement</i> 12 pm – 1:15 pm	<i>Knitting</i> 10 am – 12 pm	7	8		
9	10	<i>Intermediate Pilates</i> 10:00 am – 11:00 am  <i>FUNdamental Pilates</i> 12:00 pm – 1:00 pm	11	12	<i>Intermediate Pilates</i> 10:00 am – 11:00 am  <i>Mindful Movement</i> 12 pm – 1:15 pm	<i>Knitting</i> 10 am – 12 pm	13	14	15	
16	17	<i>Intermediate Pilates</i> 10:00 am – 11:00 am  <i>FUNdamental Pilates</i> 12:00 pm – 1:00 pm	18	<i>Mixed Media</i> 2 pm – 5 pm	19	<i>Mindful Movement</i> 12 pm – 1:15 pm	<i>Knitting</i> <u>10 am – 12 pm</u>	20	21	22
23	<i>Journaling with Pen &amp; Watercolor</i> 10 am – 12 pm	<i>Cathie's Paint Party</i> 1 pm – 3 pm	24	25	26	<i>Mindful Movement</i> 12 pm – 1:15 pm	<i>Knitting</i> 10 am – 12 pm	27	28	29
30							31			

Music in the Marshall Cancer Resource Center's Infusion Center provided by Images of Hope  
 Tranquil Journeys classes available all month on YouTube  
[imagesofhopeeldorado.org](http://imagesofhopeeldorado.org)