

## Garden Party in the Orchard



Images of Hope's funding comes from individuals, families, organizations, and our local fundraising events like our *Garden Party in the Orchard* on the first Saturday in June.

We wouldn't be here without the support of our community. Our heartfelt thanks to our supporters who make this possible!

## Annual Online Quilt Auction

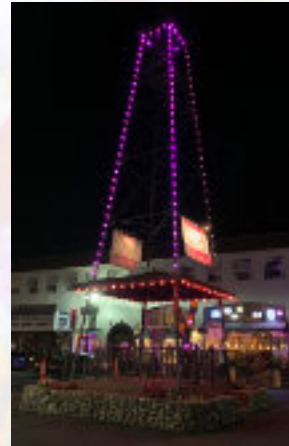


Our annual online quilt auction is in September. We have many wonderful folks who donate quilts for our auction every year.

The quilts that will be in the auction are on display during the month of September at businesses on Main Street and Broadway in Placerville.

## Pink in the Night

Pink in the Night is a month-long cancer awareness campaign by Images throughout the month of October with the Breast Cancer Awareness Month. Images raises awareness of all the services it has to offer along with raising awareness for all cancer screenings and early testing.



**IMAGES OF HOPE**  
EL DORADO

El Dorado Community  
**Foundation**

Images of Hope El Dorado  
P.O. Box 1939  
Placerville, CA 95667  
530-208-9994

**Donate to Images of Hope!**  
ImagesOfHopeElDorado.org  
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**IMAGES OF HOPE**  
EL DORADO

**Images of Hope provides  
healing arts to support  
all people on the western  
slope of El Dorado County  
affected by cancer and  
other traumas**

Images of Hope El Dorado is a 501(c)(3) non-profit organization that promotes awareness, activities, events, and ongoing cancer and trauma support for our community. Our fiscal agent is the El Dorado Community Foundation

[ImagesOfHopeElDorado.org](http://ImagesOfHopeElDorado.org)

## Images of Hope El Dorado

We provide a variety of art and movement classes around Placerville to help support those on their cancer journey or experiencing stress or trauma due to other circumstances.

Please check out our website for ongoing classes or monthly classes around Placerville.

[ImagesOfHopeElDorado.org](http://ImagesOfHopeElDorado.org)

## Banners on Parade



For many years, *Images* has been a major sponsor of *Banners on Parade*. Starting in 2023, *Images of Hope El Dorado* has taken over the non-profit mantle of *Placerville Art on Parade* (*Banners on Parade*'s parent non-profit) and will produce this great community art project every year.

This will enable *Banners on Parade* to continue to place these colorful banners, created by our local-artists, on Placerville's Main Street for years to come.

Every October, we have an online auction of the banners, which enables us to continue!

## Images of Hope Programs

- **Art Therapy**

Using art to promote healing; this includes painting classes and other art classes

- **Knitting**

Learn to knit, crochet, create yarn baskets, and needle felting projects.

- **Synergy Pilates**

Low impact exercises to help develop strength, flexibility, and balance.

- **Mindful Movement**

Mindful Movement incorporates iRest Yoga Nidra, which includes a trauma-based stress-reduction class offering tools to meet and transform life's challenges with wisdom, self-compassion, and loving kindness.

- **Tranquil Journeys**

Helps you reconnect with your inner peace and relax. Each session explores self-help stress-reduction methods, acupressure, or energy healing inspirational meditations like guided imagery, poetry and mantras that will be used along with sounds to create an environment for inner healing.

- **Other classes/programs as needed**



*"There are not enough words to let you know how these programs have enhanced my life."*

Karen Wood

*"If I had to pick one blessing that Images of Hope has given me, I would say their encouragement, hope, love, and support is what has carried through this cancer journey."*

Donelle Meniketti

*"I am deeply grateful; to everyone who has generously supported this endeavor."*

Denise Hansen

## Our talented instructors!

